



Cancer Support Community Greater NY & CT Short-Term Counseling Agreement

Cancer Support Community Greater NY & CT offers counseling sessions to explore ways to reduce stress experienced by people affected by cancer.

Counseling sessions are scheduled for 45 minutes with your assigned counselor, based on a mutually convenient schedule. We make every effort to begin and end counseling on time as scheduled.

A total of 6 counseling sessions are offered. Please be advised that counseling sessions are intended to assist you with issues and concerns that are related to your cancer diagnosis, caregiving for someone with cancer, or grief due to a loss from cancer. If issues identified during these sessions are beyond the scope of CSCNYCT, a referral may be made to a community-based counselor/therapist.

We are not a mental health provider associated with any insurance health plans or businesses. We do not provide any medical advice or assistance other than information for referrals to services.

- Counseling is limited to 6 sessions.
- If you need to cancel a scheduled session, we request you provide your counselor with at least 24-hours advance notice.
- Information shared during the short-term counseling sessions is considered confidential and private. There are certain situations which we are obligated to break confidentiality and report these situations to the appropriate agencies. As **mandated reporters**, we must report information regarding:
 - The abuse or neglect of a child or dependent adult.
 - The abuse or neglect of an elder (65 years or older).
 - If you plan on doing bodily harm to yourself or others.

Please note: As of January 2022, members are only permitted to engage in clinical services (i.e., support groups, short-term counseling, intakes) when they are physically located in New York or Connecticut.

- Please make arrangements with your assigned counselor if you will be away for any period of time during your scheduled sessions.

If you are no longer wish to receive short-term counseling or would like to discuss other programs and services, please call the Clubhouse at 914-644-8844.